

Morning Rush

Dairy & Eggs

- Babybel Mini Cheese - Cheddar
- Babybel Mini Cheese - Original
- Balderson Cheese - Old Cheddar
- Black Diamond Cheese - Cheddar Medium
- Black Diamond Cheese - Cheddar White
- Black Diamond Cheese - Mozzarella Strings
- Danone Oikos Low Fat Yogurt - Blueberry
- Danone Oikos Low Fat Yogurt - Honey
- Danone Oikos Low Fat Yogurt - Plain
- Danone Oikos Low Fat Yogurt - Raspberry Pomegranate ...
- Danone Oikos Low Fat Yogurt - Strawberry
- Danone Oikos Low Fat Yogurt - Vanilla
- Omega 3 Hard Boiled & Peeled Eggs (2 piece pillow pack)

	ORGANIC	GLUTEN FREE	NON GMO	VEGAN	CERTIFIED DAIRY FREE	INGREDIENT DAIRY FREE	KOSHER	CERTIFIED PEANUT FREE	INGREDIENT PEANUT FREE	CERTIFIED TREE-NUT FREE	INGREDIENT TREE-NUT FREE
Babybel Mini Cheese - Cheddar		●							●		●
Babybel Mini Cheese - Original		●							●		●
Balderson Cheese - Old Cheddar		●							●		●
Black Diamond Cheese - Cheddar Medium									●		●
Black Diamond Cheese - Cheddar White									●		●
Black Diamond Cheese - Mozzarella Strings									●		●
Danone Oikos Low Fat Yogurt - Blueberry		●							●		●
Danone Oikos Low Fat Yogurt - Honey		●							●		●
Danone Oikos Low Fat Yogurt - Plain		●							●		●
Danone Oikos Low Fat Yogurt - Raspberry Pomegranate		●							●		●
Danone Oikos Low Fat Yogurt - Strawberry		●							●		●
Danone Oikos Low Fat Yogurt - Vanilla		●							●		●
Omega 3 Hard Boiled & Peeled Eggs (2 piece pillow pack)		●					●		●		●

Seasonal Whole Fruit

- Apple - Granny Smith
- Apple - Red Delicious
- Apple - Royal Gala
- Avocado
- Banana (Per Bunch)
- Berries - Blackberries
- Berries - Blueberries
- Berries - Raspberries
- Berries - Strawberries
- Lemons
- Limes
- Clementines
- Navel Orange
- Peach
- Pear - Barlett

Apple - Granny Smith	●		●		●			●		●
Apple - Red Delicious	●		●		●			●		●
Apple - Royal Gala	●		●		●			●		●
Avocado	●		●		●			●		●
Banana (Per Bunch)	●		●		●			●		●
Berries - Blackberries	●		●		●			●		●
Berries - Blueberries	●		●		●			●		●
Berries - Raspberries	●		●		●			●		●
Berries - Strawberries	●		●		●			●		●
Lemons	●		●		●			●		●
Limes	●		●		●			●		●
Clementines	●		●		●			●		●
Navel Orange	●		●		●			●		●
Peach	●		●		●			●		●
Pear - Barlett	●		●		●			●		●

Seasonal Fresh Cut Fruit & Veggies

- Mixed Fruit Medley
- Orange & Grapefruit Segments
- Watermelon
- Baby Carrots & Celery Sticks
- Baby Carrots & Sugar Snap Peas
- Green Zucchini & Carrot Sticks
- Baby Carrots

Dips

- Mazretti Low Fat Dressing - Ranch
- Summer Fresh Hummus - Original
- Summer Fresh Hummus - Roasted Red Pepper
- Summer Fresh Hummus & Crackers
- Wholly Guacamole

Grains Galore

- Made Good Rice Crisps Cereal - Vanilla
- Mindful Snacks Gourmet Granola
- Nature's Path Instant Oatmeal - Original
- Nature's Path Instant Oatmeal - Flax
- Nature's Path Flax Plus Cinnamon Cereal
- Nature's Path Honey'd Corn Flakes Cereal
- Nature's Path Sunrise Crunchy Cinnamon Cereal
- Oak Manor Quick Cook Oat Flakes
- Umpqua Oats - Jack Pot
- Umpqua Oats - Kickstart
- Umpqua Oats - Not Guilty
- Umpqua Oats - Salted Caramel

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Mixed Fruit Medley		●		●		●			●		●
Orange & Grapefruit Segments		●		●		●			●		●
Watermelon		●		●		●			●		●
Baby Carrots & Celery Sticks		●		●		●			●		●
Baby Carrots & Sugar Snap Peas		●		●		●			●		●
Green Zucchini & Carrot Sticks		●		●		●			●		●
Baby Carrots		●		●		●	●		●		●
Mazretti Low Fat Dressing - Ranch	●	●							●		●
Summer Fresh Hummus - Original		●	●	●		●	●		●		●
Summer Fresh Hummus - Roasted Red Pepper		●	●	●		●	●		●		●
Summer Fresh Hummus & Crackers		●	●	●		●	●		●		●
Wholly Guacamole	●	●	●			●	●		●		●
Made Good Rice Crisps Cereal - Vanilla	●	●		●	●	●	●	●	●	●	●
Mindful Snacks Gourmet Granola						●	●		●		●
Nature's Path Instant Oatmeal - Original	●		●	●		●	●		●		●
Nature's Path Instant Oatmeal - Flax	●		●	●		●	●		●		●
Nature's Path Flax Plus Cinnamon Cereal	●		●	●		●	●		●		●
Nature's Path Honey'd Corn Flakes Cereal	●	●	●			●	●		●		●
Nature's Path Sunrise Crunchy Cinnamon Cereal	●	●	●	●		●	●		●		●
Oak Manor Quick Cook Oat Flakes	●			●		●			●		●
Umpqua Oats - Jack Pot			●	●		●	●		●		
Umpqua Oats - Kickstart			●	●		●	●		●		
Umpqua Oats - Not Guilty			●	●		●	●		●		●
Umpqua Oats - Salted Caramel			●				●		●		

- 🌱 Healthy Crunch Kale Chips - Say Cheeze!
- 🌱 Hungry Buddha Coconut Chips - Cheeky Chocolate
- 🌱 Hungry Buddha Coconut Chips - Classic Coconut
- 🌱 Hungry Buddha Coconut Chips - Heavenly Honey
- 🌱 Hungry Buddha Coconut Chips - Smokin' Sriracha
- Laiki Crackers - Black Rice
- Laiki Crackers - Red Rice
- 🌱 Nud Fud - Cacao Energy
- 🌱 Nud Fud - Green Energy
- Popchips BBQ
- Popchips - Sea Salt
- PopCorners Chips - Kettle
- PopCorners Chips - White Cheddar
- 🌱 Pur Popcorn - Sea Salt
- Sea Snax Seaweed - Classic Olive
- Sea Snax Seaweed - Spicy Chipotle.....
- Sea Snax Seaweed - Wasabi
- Terra Chips - Original
- 🌱 Three Farmers Roasted Chickpeas - Balsamic & Cracked Pepper
- 🌱 Three Farmers Roasted Chickpeas - BBQ
- 🌱 Three Farmers Roasted Pea Pops - Dill Pickle
- 🌱 Three Farmers Roasted Pea Pops - Wild Ranch

	ORGANIC	GLUTEN FREE	NON-GMO	VEGAN	CERTIFIED DAIRY FREE	INGREDIENT DAIRY FREE	KOSHER	CERTIFIED PEANUT FREE	INGREDIENT PEANUT FREE	CERTIFIED TREE-NUT FREE	INGREDIENT TREE-NUT FREE
Healthy Crunch Kale Chips - Say Cheeze!	●	●	●	●	●	●	●	●	●	●	●
Hungry Buddha Coconut Chips - Cheeky Chocolate		●	●	●		●			●		●
Hungry Buddha Coconut Chips - Classic Coconut		●	●	●		●			●		●
Hungry Buddha Coconut Chips - Heavenly Honey		●	●			●			●		●
Hungry Buddha Coconut Chips - Smokin' Sriracha		●	●	●		●			●		●
Laiki Crackers - Black Rice		●	●	●		●	●		●		●
Laiki Crackers - Red Rice		●	●	●		●	●		●		●
Nud Fud - Cacao Energy	●	●	●	●		●		●	●	●	●
Nud Fud - Green Energy	●	●	●	●		●		●	●	●	●
Popchips BBQ		●	●	●			●		●		●
Popchips - Sea Salt		●	●	●			●		●		●
PopCorners Chips - Kettle		●	●	●		●	●	●	●	●	●
PopCorners Chips - White Cheddar		●	●				●	●		●	●
Pur Popcorn - Sea Salt		●	●	●		●	●		●		●
Sea Snax Seaweed - Classic Olive	●	●	●	●		●	●		●		●
Sea Snax Seaweed - Spicy Chipotle	●	●	●	●		●	●		●		●
Sea Snax Seaweed - Wasabi	●	●	●	●		●	●		●		●
Terra Chips - Original		●	●	●	●		●		●		●
Three Farmers Roasted Chickpeas - Balsamic & Cracked Pepper		●	●	●		●		●	●	●	●
Three Farmers Roasted Chickpeas - BBQ		●	●	●		●		●	●	●	●
Three Farmers Roasted Pea Pops - Dill Pickle		●	●	●		●		●	●	●	●
Three Farmers Roasted Pea Pops - Wild Ranch		●	●	●		●		●	●	●	●

Clear Conscience Chocolate

- 🌱 Awake Caffeinated Chocolate Bites - Caramel
- 🌱 Awake Caffeinated Chocolate Bites - Dark
- 🌱 Awake Caffeinated Chocolate Bites - Milk
- 🌱 Fitzy's Chocolate - Salted Caramel (70% Cacao)
- Monbana - Dark Chocolate (70% Cacao)

Awake Caffeinated Chocolate Bites - Caramel							●		●		●
Awake Caffeinated Chocolate Bites - Dark		●					●		●		●
Awake Caffeinated Chocolate Bites - Milk							●		●		●
Fitzy's Chocolate - Salted Caramel (70% Cacao)	●	●	●	●	●	●		●	●	●	●
Monbana - Dark Chocolate (70% Cacao)		●						●	●		●

Protein Pleasantries

-  Beretta Farms Beef Jerky
-  Broya Chicken Bites - Jalapeno Honey
-  Broya Turkey Bites - Mango Madness

Bountiful Bars

- Clif Bars - Chocolate Almond Fudge
- Clif Bars - Chocolate Chip
- Clif Bars - Coconut Chocolate Chip
- Clif Bars - Cool Mint
- Clif Builder's Bars - Chocolate
- Clif Builder's Bars - Chocolate Mint
-  Crickstart - Chili Chocolate
-  Crickstart - Cinnamon Cardamom
-  Crickstart - Lemon Lime
- Jimmy! Bar - How 'Bout Dem Apples
- Jimmy! Bar - No Bluffin' Banana Muffin
- Jimmy! Bar - Peanut Butter Clutter
- Jimmy! Bar - Super Hip Chocolate Chip
- Jimmy! Clean Protein Bar - Chocolate Peanut Butter
- Jimmy! Clean Protein Bar - Peanut Butter Crunch
- Jimmy! Clean Protein Bar - White Chocolate Shred
- Kewaza Healthy Bites - Banana Chocolate Chip
- Kewaza Healthy Bites - Peanut Butter Cookie Dough
- KIND Bars - Almond Caramel & Sea Salt
- KIND Bars - Almond & Coconut
- KIND Bars - Almond Mint & Dark Chocolate
- KIND Bars - Almond Mocha & Dark Chocolate
- KIND Bars - Almond Sea Salt & Dark Chocolate
- KIND Bars - Cashew Blueberry & Vanilla
- KIND Bars - Cashew Raspberry & Chia

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Beretta Farms Beef Jerky		●	●			●			●		●
Broya Chicken Bites - Jalapeno Honey		●	●						●		●
Broya Turkey Bites - Mango Madness		●	●						●		●
Clif Bars - Chocolate Almond Fudge			●	●		●	●		●		
Clif Bars - Chocolate Chip			●	●		●	●		●		●
Clif Bars - Coconut Chocolate Chip			●	●		●	●		●		●
Clif Bars - Cool Mint			●	●		●	●		●		●
Clif Builder's Bars - Chocolate			●	●		●			●		
Clif Builder's Bars - Chocolate Mint			●	●		●			●		
Crickstart - Chili Chocolate	●	●	●			●			●		
Crickstart - Cinnamon Cardamom	●	●	●			●			●		
Crickstart - Lemon Lime	●	●	●			●			●		
Jimmy! Bar - How 'Bout Dem Apples		●	●		●	●			●		
Jimmy! Bar - No Bluffin' Banana Muffin		●	●	●	●	●			●		
Jimmy! Bar - Peanut Butter Clutter		●	●		●	●			●		
Jimmy! Bar - Super Hip Chocolate Chip		●	●	●	●	●			●		
Jimmy! Clean Protein Bar - Chocolate Peanut Butter		●									●
Jimmy! Clean Protein Bar - Peanut Butter Crunch		●									●
Jimmy! Clean Protein Bar - White Chocolate Shred		●							●		
Kewaza Healthy Bites - Banana Chocolate Chip	●	●	●	●	●	●			●		
Kewaza Healthy Bites - Peanut Butter Cookie Dough	●	●	●	●	●	●			●		
KIND Bars - Almond Caramel & Sea Salt		●	●				●		●		
KIND Bars - Almond & Coconut		●	●			●	●		●		
KIND Bars - Almond Mint & Dark Chocolate		●	●			●	●		●		
KIND Bars - Almond Mocha & Dark Chocolate		●	●			●	●		●		
KIND Bars - Almond Sea Salt & Dark Chocolate		●	●			●	●		●		
KIND Bars - Cashew Blueberry & Vanilla		●	●			●	●		●		
KIND Bars - Cashew Raspberry & Chia		●	●			●	●		●		

	ORGANIC	GLUTEN FREE	NON-GMO	VEGAN	CERTIFIED DAIRY FREE	INGREDIENT DAIRY FREE	KOSHER	CERTIFIED PEANUT FREE	INGREDIENT PEANUT FREE	CERTIFIED TREE-NUT FREE	INGREDIENT TREE-NUT FREE
KIND Bars - Cherry Cashew & Dark Chocolate		●	●			●	●				
KIND Bars - Fruit & Nut Delight		●	●			●	●				
KIND Bars - Peanut Butter & Dark Chocolate		●	●			●	●				
KIND Breakfast Bars - Almond Butter		●	●			●	●		●		
KIND Breakfast Bars - Peanut Butter		●	●			●	●				
KIND Grain Bars - Dark Chocolate Chunk		●	●			●	●		●		●
KIND Grain Bars - Maple Pumpkin Seeds w/ Sea Salt		●	●			●	●		●		●
KIND Grain Bars - Oats & Honey w/Toasted Coconut		●	●			●	●		●		●
🌱 Made Good Bars - Apple Cinnamon	●	●	●	●	●	●	●	●	●	●	●
🌱 Made Good Bars - Mixed Berry	●	●	●	●	●	●	●	●	●	●	●
🌱 Maze Bar - Apple Cinnamon		●	●	●					●		
🌱 Maze Bar - Cherry Lemon		●	●	●					●		
Nakd Bars - Berry Delight		●	●	●	●	●	●		●		
Nakd Bars - Cocoa Orange		●	●	●	●	●	●		●		
Nakd Bars - Cashew Cookie		●	●	●	●	●	●		●		
🌱 Nomz Energy Bites - Hazelnut	●	●	●	●		●	●		●		
🌱 Nomz Energy Bites - Pistachio	●	●	●	●		●	●		●		
Nugo Slim Bars - Brownie Crunch		●	●								
Nugo Slim Bars - Raspberry Truffle		●	●						●		
🌱 PatsyPie Smart Break Superfood Bites - Chocolate	●	●	●				●		●		
🌱 PatsyPie Smart Break Superfood Bites - Raisin	●	●	●				●		●		●

Coffee Break Compliments

🌱 Made Good Crispy Squares - Chocolate	●	●	●	●	●	●	●	●	●	●	●
🌱 Made Good Crispy Squares - Vanilla	●	●	●	●	●	●	●	●	●	●	●
Nugo Protein Cookies - Dark Chocolate Chip		●	●	●	●	●	●		●		●
Nugo Protein Cookies - Oatmeal Raisin		●	●	●	●	●	●		●		●
🌱 Rip Van Wafels - Chocolate Brownie			●				●		●		●
🌱 Rip Van Wafels - Dutch Caramel & Vanilla			●				●		●		●
🌱 Rip Van Wafels - Strawberry			●				●		●		●

- Vitali-T Oatmeal Cookie - Banana Chocolate
- Vitali-T Oatmeal Cookie - Raspberry Chocolate

Beverages

- ALO Drink Light - Cucumber & Cantaloupe
- ALO Drink Light - Orange & Passion Fruit
- Biosteel Sports Drink - Lemon Lime
- Biosteel Sports Drink - Mixed Berry
- Biosteel Sports Drink - Orange
- Guru Energy - Lite
- Guru Energy - Regular
- Happy Planet Juice - 100% Orange Juice
- Happy Planet Smoothies - Coconut & Pineapple
- Happy Planet Smoothies - Extreme Energy
- Happy Planet Smoothies - Extreme Green
- Happy Planet Smoothies - Mango & Passionfruit
- Just Water - Paper Based Bottle
- La Croix Sparkling Water - Cran-Raspberry
- La Croix Sparkling Water - Grapefruit
- La Croix Sparkling Water - Lime
- La Croix Sparkling Water - Peach Pear
- Sapsucker - Maple Tree Filtered Water
- Steaz Iced Green Tea - Blueberry Pomegranate
- Steaz Iced Green Tea - Peach
- Steaz Iced Green Tea Zero - Peach Mango
- Thirsty Buddha Natural Coconut Water
- Thirsty Buddha Natural Coconut Water with Pulp
- Thirsty Buddha Sparkling Coconut Water
- Thirsty Buddha Sparkling Coconut Water with Pineapple

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Vitali-T Oatmeal Cookie - Banana Chocolate			●	●				●	●		●
Vitali-T Oatmeal Cookie - Raspberry Chocolate			●	●				●	●		●
ALO Drink Light - Cucumber & Cantaloupe		●	●	●		●			●		●
ALO Drink Light - Orange & Passion Fruit		●	●	●		●			●		●
Biosteel Sports Drink - Lemon Lime		●	●	●		●			●		●
Biosteel Sports Drink - Mixed Berry		●	●	●		●			●		●
Biosteel Sports Drink - Orange		●	●	●		●			●		●
Guru Energy - Lite	●	●	●	●	●	●			●		●
Guru Energy - Regular	●	●	●	●	●	●			●		●
Happy Planet Juice - 100% Orange Juice		●	●	●		●			●		●
Happy Planet Smoothies - Coconut & Pineapple		●	●	●		●			●		●
Happy Planet Smoothies - Extreme Energy		●	●	●		●			●		●
Happy Planet Smoothies - Extreme Green		●	●	●		●			●		●
Happy Planet Smoothies - Mango & Passionfruit		●	●	●		●			●		●
Just Water - Paper Based Bottle		●		●		●			●		●
La Croix Sparkling Water - Cran-Raspberry		●	●	●		●	●		●		●
La Croix Sparkling Water - Grapefruit		●	●	●		●	●		●		●
La Croix Sparkling Water - Lime		●	●	●		●	●		●		●
La Croix Sparkling Water - Peach Pear		●	●	●		●	●		●		●
Sapsucker - Maple Tree Filtered Water	●	●	●	●		●			●		●
Steaz Iced Green Tea - Blueberry Pomegranate	●	●	●	●		●	●		●		●
Steaz Iced Green Tea - Peach	●	●	●	●		●	●		●		●
Steaz Iced Green Tea Zero - Peach Mango	●	●	●	●		●	●		●		●
Thirsty Buddha Natural Coconut Water		●	●	●		●			●		●
Thirsty Buddha Natural Coconut Water with Pulp		●	●	●		●			●		●
Thirsty Buddha Sparkling Coconut Water		●	●	●		●			●		●
Thirsty Buddha Sparkling Coconut Water with Pineapple		●	●	●		●			●		●

- Wonder Kombucha - Asian Pear & Ginger
- Wonder Kombucha - Green Tea & Lemon

Coffee

- Pilot Nitro Cold Brew - Original
- Pilot Nitro Cold Brew - Latte

Refreshers

Aspartame-Free Gum

- Pur Gum - Bubblegum
- Pur Gum - Cinnamon
- Pur Gum - Cool Mint
- Pur Gum - Peppermint
- Pur Gum - Pomegranate Mint
- Pur Gum - Spearmint
- Pur Gum - Wintergreen

Aspartame-Free Mints

- Pur Mint - Orange Tangerine
- Pur Mint - Peppermint
- Pur Mint - Spearmint

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Wonder Kombucha - Asian Pear & Ginger	Red	Green	Orange	Brown		Brown			Dark Blue		Pink
Wonder Kombucha - Green Tea & Lemon	Red	Green	Orange	Brown		Brown			Dark Blue		Pink
Pilot Nitro Cold Brew - Original		Green		Brown		Brown			Dark Blue		Pink
Pilot Nitro Cold Brew - Latte		Green							Dark Blue		Pink
Pur Gum - Bubblegum		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Gum - Cinnamon		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Gum - Cool Mint		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Gum - Peppermint		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Gum - Pomegranate Mint		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Gum - Spearmint		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Gum - Wintergreen		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Mint - Orange Tangerine		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Mint - Peppermint		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink
Pur Mint - Spearmint		Green	Orange	Brown	Olive	Brown	Light Green	Blue	Dark Blue	Brown	Pink

Questions? Ready to Order?
Call 905.564.6660